RESIDENT DIRECTORY

Fort Mason Center houses over fifty resident organizations. These groups can provide you with information on printmaking, broadcasting, river rafting, freelance writing, marine ecosystems, copyrights, theater, the recording business and much more. Drop in at their offices to find out about classes, services, speakers or trips made available to you by these outstanding Bay Area groups.

BUILDING A

At Fort Mason Capital Campaign (441-5706)
City Celebration, Inc. (474-3914)
Fort Mason Foundation (441-5706)
Greens Restaurant (771-6222)
Perception Gallery (388-4331)
SF Craft & Folk Art Museum (775-0990)
SFMMA Rental Gallery (441-4777)
Tassajara Bread Bakery 2 (771-6330)

BUILDING B

Arts Arbitration & Mediation Services (775-7715 or 775-7200)
California Tomorrow (441-7631)
Community College Art Center at Fort Mason (561-1840)
Cooks & Company (673-4137)
Life On The Water (885-2790 office, 776-8999 box office)
Marine Exchange (982-7788)

BUILDING C

African American Historical & Cultural Society (441-0640)
Book Bay Bookstore (771-1076)
California Lawyers for the Arts (775-7200)
Environmental Traveling Companions (474-7662)
Friends of the River (771-0400)
The Fund for Animals (474-4020)
Make-A-Circus, Feedback Productions (776-8477)
Museo ItaloAmericano (673-2200)
National Center for Financial Education (567-5290)
Performing Arts Workshop (673-2634)
SF Architectural Club (441-1098)
SF Children's Art Center (771-0292)
SF Folk Music Center/Plowshares Coffeehouse (441-8910)
Young Performers Theatre (346-5550)

BUILDING D

Blue Bear School of Music (673-3600)
Computer Alliance Desktop Publishing Lab (771-7133, 771-1671)
Friends of the SF Public Library (771-3777 or 558-3857)
Magic Theatre (441-8001 office, 441-8822 box office)
Media Alliance (441-2557)
Mexican Museum (441-0404 gallery, 441-0445 office)
National Poetry Association (776-6602)
Western Public Radio (771-1161)

BUILDING E

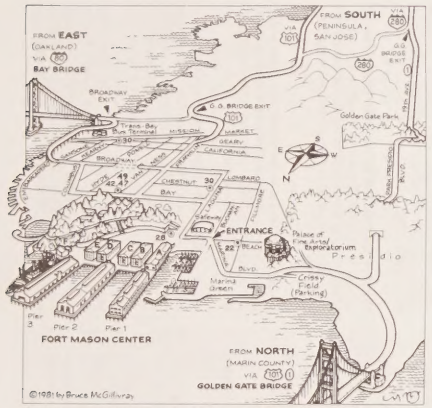
Associates of the J. Porter Shaw Library (556-9870)
Earth Island Institute: Rainforest Health Alliance (921-1203)
Greenpeace Action (474-6767)
Lifeline Marine Research (775-6497)
Marine Mammal Fund (775-4636)
Ocean Alliance (441-5970)
Oceanic Society Expeditions (441-1106)
SF Maritime National Historical Park
Collections Storage Facility (556-3797)
J. Porter Shaw Library (556-9870)
Historic Document Department (556-9876)
Yacht Racing Assn. of SF Bay (771-9500)

PIERS

PIER 1
Ace Mailing (673-2930 or 863-4223)
BayKeeper (567-4401)
Steam Tug Hercules Restoration (556-3971)
PIER 2
Cowell Theater (441-5706)
Herbst Pavilion (441-5706)
PIER 3
Festival Pavilion (441-5706)
National Liberty Ship Memorial SS Jeremiah O'Brien, east dock (441-3101)

UPPER FORT MASON

BLDG. 1 Bay & Franklin entrance
Fort Mason Officers Club (441-7700)
BLDG. 101 Bay & Franklin entrance
National Park Police (556-5801)
BLDG. 111 Bay & Franklin entrance
SF Conservation Corps (928-7322)
BLDG. 210 Bay & Franklin entrance
Golden Gate National Recreation Area (GGNRA) Headquarters (556-0560)
BLDG. 204 Bay & Franklin entrance
Golden Gate National Park Assn. (556-0693)
BLDG. 240 Bay & Franklin entrance
SF International Hostel (771-7277)



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Peninsula- US 101 North to 9th St. Exit; 9th to Hayes & turn left; Hayes to Franklin & turn right; Franklin to Bay & turn left; Bay to Buchanan & turn right. Cross Marina Blvd. & sharp right into Fort Mason Center.

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DATED MATERIAL

FOR THE ARTS, HUMANITIES, RECREATION, EDUCATION AND ECOLOGY

FORT MASON CENTER

FEB 2 3 1990

Emergence: Roxanne Swentzell
Sculptor Roxanne Swentzell from Santa Clara Pueblo, New Mexico, holds her first West Coast exhibit at Fort Mason, March 9 through 27 in the Gatehouse. Photo: Jack Parsons, Santa Fe, New Mexico

MARCH 1990

IN PERFORMANCE AT FORT MASON

Magic Theatre presents the Bay Area premiere of *Jacques and his Master* by Milan Kundera. Best known for his classic novel, *The Unbearable Lightness of Being*, which became an award-winning film, Kundera's career has been filled with triumphant literary achievements. His works include *The Book of Laughter and Forgetting* and *The Farewell Party*, both novels; *Laughable Loves*, a collection of short stories; and many poems and essays. Kundera has received two Czechoslovak Writers Publishing House Prizes, the Union of Czechoslovak Writers Prize, and the Prix Mondello. After the USSR invaded Czechoslovakia, Kundera was censored, blacklisted, and forced to write underground, which led to his emigration to France in 1975. He now lives in Paris, where he is Professor of Comparative Literature at the Sorbonne. He wrote *Jacques and his Master*, his only drama, in 1981.

Spiced with humor and warmth, the play is a lighthearted reflection on virtue, reason, and the perfect anatomy. As Jacques and his Master wander through the 18th-century French countryside, they recall the amorous adventures and sexual escapades of their younger days, and find similarities that bring them closer together. The delightful twist is their reversal of roles, with the power of story-telling and fantasy transcending the barriers of title and class.

The play opened February 13, and continues through March 25, Wednesday through Saturday at 8:30pm, Sunday at 2 and 7:30pm in the Northside Theatre, Building D.

Springfest, Magic Theatre's annual new-play extravaganza, presents exciting and innovative comedies and dramas by outstanding American playwrights, on stage for the first time. The series begins on March 21 and runs through April 15 in the Southside Theatre, Building D. Included are *Dottie and the Boys* by Lynne Kaufman, *Play Yourself* by Harry Kondoleon, and *House of Yes* by Wendy McCloud. For information about Magic Theatre productions, call 441-8822.

Life On The Water brings back Avner Eisenberg in his nationally acclaimed show, *Avner The Eccentric*, for an exclusive four-week West Coast engagement. A dazzling mixture of clowning, juggling, acrobatics and improvisation, the show was the hit of the 1984-85 Broadway season. Avner is best known for his role as the Jewel in the film *The Jewel of the Nile*. He also appeared in Joshua Sobel's *Ghetto* on Broadway last season, and co-starred in the 1987 Lincoln Center production of *Comedy of Errors*.

Avedis presents chamber music for the flute by Bach, Mozart, Vivaldi and Bréval on Sunday, March 25, at the Cowell Theater.

Avner has developed mime and silent comedy as a therapeutic tool in working with people with communicative disorders. He has also begun to work more extensively with hearing-impaired audiences, in a unique mixture of magic, mime, and sight gags. Life On The Water will be doing a number of special events with this community. Avner's show is also accessible for non-English-speaking audiences, since he does not use spoken language.

Avner studied theater in Paris with Jacques LeCoq from 1971 to 1974. He juggled in the streets to support himself, and says that he was once arrested and charged with public buffoonery. On returning to the United States, he taught at Carlo Mazzone-Clementi's Del l'Arte School of Mime and Comedy in California. Avner says he's greatly indebted to the two men, "LeCoq, who taught me everything I know, and Carlo, who taught me the rest."

The show surmounts barriers of language and culture, touring more than a dozen countries in Africa, Asia, Europe, North and South America. Avner has been a featured performer at many theater, magic, and folk festivals, including the London International Mime Festival, Festival of American Mime, New York Clown Theatre Festival, Fool's Festival, New York Magic Symposium, and International Mime and Clown Festival.

Avner also teaches workshops and master classes for people who work with the public, including theater, health care, education and counseling professionals. He's an adjunct assistant professor at the Expressive Therapies Institute of the University of Louisville, and was a speaker at the recent National Conference on the Healing Power of Laughter and Play.

Avner The Eccentric opened February 21, and runs through March 18, Wednesday through Saturday at 8pm and Sunday at 3 and 8pm in Building B.

Life On The Water also presents a collaboration between Hitomi Ikuma, Japanese movement artist, and John Duykers, American opera tenor, in "a cultural collision and integration of body, voice and the natural elements entitled *A.ga.pe*. Last seen together in George Coates' *RareArea*, the two artists have now created "a cooperative revelation." The setting for the dramatic encounter between Ikuma and Duykers is described as taking place on a stage that is transformed into a micro-continent. "The performers must cross a chasm of air via drawbridge to gain the island stage. Rain falls. Around the stage flows a river; in the river swim live fish. Dancing light from a fire illuminates the scene."

John Duykers is trained as a classical operatic tenor, also known for his performances in contemporary music theater. Hitomi Ikuma, a native of Hamamatsu, Japan, is trained in corporeal mime, martial arts, Japanese Noh and Kyogen theater, Taiko drumming and Noh flute.

A.ga.pe opens March 21 and continues through April 1, Wednesday through Sunday at 8:30pm in Building B. For information about Life On The Water productions, call 776-8999.

In addition to these productions, below is a sampling of other performances at Fort Mason this month. See daily listings inside for details.

West Coast Weekend, a live performance radio show every Saturday at 11am, presents a diverse selection of guests and music. Young Performers Theatre stages *The Adventures of Pinocchio*, every Saturday and Sunday through March 25. Plowshares Coffeehouse features folk music artists, March 4 and 18. Ian Shoales emcees *Tales of Urban Menace*, a "tabloid for the stage," March 9, 10 and 11. The National Poetry Association rescreens the 1989 Poetry Film Festival Award Winners, March 11. Earplay, a contemporary music ensemble, appears again in the Cowell Theater on March 13, performing the works of Lindroth, Weymouth, Hartwell, Festinger, Frank and Gibson. The Center for Modern Greek Studies presents "Walt! Plays Walt!: Composition for Piano & Synthesizer," demonstrating new composition techniques and forms of instrumentation, March 14. Avedis presents a program featuring the Palo Alto Chamber Orchestra, March 25. And, finally, The Museo ItaloAmericano hosts a program of Scarlatti sonatas for the harpsichord on March 31.

Carla Spindt and Larry Henderson in a scene from *Jacques and his Master* at **Magic Theatre**.

AIDS FUNDRAISER

On Saturday, March 31, the City of Hope, K101-FM, Gold's Gym, and some of the country's leading experts on physical fitness join with top local and national television, screen, stage and recording stars in a nationwide three-hour workout to raise funds for AIDS research. In San Francisco, the Friends for Life Workout with the Stars takes place at Fort Mason's Herbst Pavilion in Pier 2, beginning at 9am.

Friends for Life is led by Joanie Greggains, host of the nationally syndicated program "Morning Stretch." Celebrity fitness leaders from the Bay Area and around the country also participate.

Anyone, regardless of age or fitness level, can join in. Participants solicit sponsors for a contribution to the City of Hope. Top fundraisers may earn prizes including trips, hotel weekends and workout equipment. All proceeds benefit AIDS research currently being conducted by scientists at the City of Hope National Medical Center and Beckman Research Institute. For information, call City of Hope, 391-6448.

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Fort Mason Foundation
Office in Landmark Building A, open Monday through Saturday, 9am-5pm.

All events are presented through the cooperation of the Fort Mason Foundation.

Recorded message of Fort Mason Center activities and events: 441-5705.

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RAMP & ELEVATOR ACCESS at Fort Mason: With advance notice, arrangements can be made for people with mobility impairments and wheelchair-users. Call 441-5706.

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Friends of the Fort Benefits

Individual—*Monthly Calendar • Friends card • discount on Magic Theatre's season subscription (late summer and early fall) • discounts on single ticket prices for Magic Theatre, Life On The Water • 5% off sales at SFMMA Rental Gallery • discounts on selected special events*

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Participating—*All of the above + a tin of Fortnum & Mason's FortMason Tea*

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Donor—*All of the above + 2 tickets to a Cowell Theater performance*

Sponsor— *All of the above + 2 tickets for a Whale Watching Trip, OR 1 ticket for a Natural History Trip to the Farallon Islands*

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FORT MASON CENTER

FOUNDED IN 1976

MARCH 1990

Book Bay Bookstore Bargain books. Sponsored by the Friends of the SF Public Library. 3/1-28 Thur 11am-8pm, Wed&Fri 11am-6pm, Sat&Sun 11am-5pm, FREE adm Bldg C 771-1076

1 THURSDAY

Celebration Of Public Service A job fair aimed at encouraging top quality people to consider careers in public service. 3/1&2 Thur&Fri 11am-4pm FREE Herbst Pavilion, Pier 2, 744-JOBS

Betty Bethards: Understanding Life Cycles & Changes Understand major cycles of change & how we replace our old attitudes & ideas w/new ones. 8-10pm $7 Bldg A (707) 765-2200

Fishermen, Miners & Ranchers "The different faces of Italians in Contra Costa County." A talk by Phyllis Cancilla Martinelli, Ph.D. 8pm $4 Museo ItaloAmericano Bldg C 673-2200

Jacques & His Master Wander through the 18th-century French countryside unearthing memories of romantic delights & disasters. Written by Milan Kundera. 2/14-3/25 Wed-Sat 8:30pm, Sun 2&7:30pm $19-$11 FMC "Friends" $1 off w/mbrs card, Magic Theatre Bldg D 441-8822 ●

Avner The Eccentric The masterful clown returns w/his dazzling mixture of clowning, acrobatics & improvisation. 2/21-3/18 Wed-Sat 8pm, Sun 3 & 8pm $14-$10 FMC "Friends" $1 off w/mbrs card, Life On The Water Bldg B 776-8999 ●

2 FRIDAY

Round Robin Readings Bring your own or your favorite author's poems for a roundtable reading. 3/2-30 7:30pm $1 FMC "Friends" 25% off w/mbrs card, National Poetry Assoc. Bldg D 776-6602 ●

Underwater Photographic Society Monthly meeting w/slides, film or lecture on diving around the world, plus information on slide competition & upcoming dive trips & events. 7:30-9:45pm FREE Bldg C 769-1442

US-China People's Friendship Association A monthly educational program providing information on aspects of life in the People's Republic of China. 7:30-9:30pm $2 Gatehouse 863-0537

Playwrights' Center presents a script reading/critique of new work by local playwrights. 3/2-30 Fri 7:30pm $2 Bldg D 928-4451

Jacques & His Master see 3/1 ●
Avner The Eccentric see 3/1 ●
Celebration Of Public Service see 3/1

3 SATURDAY

Multicultural Issues In Mental Health For The Year 2000 A groundbreaking conference bringing legislators, service providers, program supervisors & academics together to address the mental health needs of California's multicultural population. 8am-5pm Bldg A $45 921-4401

Steam Tug Hercules Restoration Volunteers are needed to help preserve this historic vessel. Bring work clothes, work shoes & lunch. 3/3-31 Wed&Sat 8am-4pm FREE Pier 1, 556-3971

West Coast Weekend San Francisco's only live performance radio show, produced by KQED-FM 88.5, broadcasts from Fort Mason. Host Sedge Thomson brings together a diverse selection of guests & music from bluegrass to string quartets, plus news on activities for the weekend & upcoming week. 3/3-31 Sat 11am-1pm $4 Life On The Water Bldg B 553-2213

The Adventures Of Pinocchio A musical adventure for children of all ages. Written by Bay Area playwright Missy Saveri. 2/17-3/25 Sat 1&3:30pm, Sun 1pm $6-$4 Young Performers Theatre Bldg C 346-5550

Jacques & His Master see 3/1 ●
Avner The Eccentric see 3/1 ●

4 SUNDAY

Plowshares Coffeehouse David Rea & David Maloney team up for some power picking & premium singing. 7:30pm $7 Firehouse 441-8910

Alcoholics Anonymous Ongoing weekly waterfront meeting. Open to the public. 3/4-25 Sun 8-9:15pm FREE Bldg C 661-1828

SF PC Jr Users' Group Monthly meeting open to all users of IBM PC Jr computers. 6:30-10:30pm FREE Bldg C 472-7035

Jacques & His Master see 3/1 ●
Avner The Eccentric see 3/1 ●
The Adventures Of Pinocchio see 3/3

● Friends of the Fort Discount

7 WEDNESDAY

Adult Children Of Alcoholics A 12-step program focusing on parental alcoholism's effect on childhood as manifested in dysfunctional adult behaviors. 3/7-28 Wed 7-9pm FREE Gatehouse 931-2262

Astro-Soul: Man & The Universe Explore communication w/spiritual guidance, intuition, vision & prophecy. 8-10pm $10 Bldg C 540-5200

Jacques & His Master see 3/1 ●
Avner The Eccentric see 3/1 ●
Steam Tug Hercules see 3/3

8 THURSDAY

Jacques & His Master see 3/1 ●
Avner The Eccentric see 3/1 ●

Avner The Eccentric An exclusive four-week West Coast engagement at Life On The Water. See March 1 ●

9 FRIDAY

Tales Of Urban Menace Ian Shoales emcees this tabloid for the stage, a musical & humorous collaboration among Ducks, Dudes, Hawkeyes & Pulp Playhouse members. 3/9-11 Fri-Sun 8pm $13 FMC "Friends" $1 off at the door w/mbrs card, Cowell Theater, Pier 2, 221-4856 ●

Jacques & His Master see 3/1 ●
Avner The Eccentric see 3/1 ●
Round Robin Readings see 3/2 ●
Playwrights' Center see 3/2

10 SATURDAY

Fort Mason Tour Guided walks through this cultural & recreational facility. Over 50 arts, environmental & cultural groups make Fort Mason Center their home. Museums, theaters, galleries, classes & workshops utilize these converted military warehouses. 3/10&24 Sat 11am FREE (call to reserve space) Bldg A 441-5706

Copyright Clinics Artists of all disciplines can consult w/a noted copyright attorney about how to complete US copy rightforms, work-for-hire arrangements, jointly-held copyrights & more. 3/10&24 Sat 10am-12:30pm $20 California Lawyers for the Arts Bldg C 775-7200

Tibet Day A celebration of Tibetan culture w/exhibits, costumes, books, lectures, dance & film to commemorate the uprising against the Chinese 31 years ago. 11am-4pm $4 Bldg A 648-2040

Poetry Of The Intifada The struggle for a Palestinian homeland, hosted by Lorene Zarou Zouzounis. 7:30-10pm $2 FMC "Friends" 25% off w/mbrs card, National Poetry Assoc. Bldg D 776-6602 ●

Jacques & His Master see 3/1 ●
Avner The Eccentric see 3/1 ●
Steam Tug Hercules see 3/3
West Coast Weekend see 3/3
The Adventures Of Pinocchio see 3/3
Tales Of Urban Menace see 3/9 ●

11 SUNDAY

Computer Show, Sale & Swap If you own or want to purchase a computer, come & browse through hardware, software & accessories at bargain prices. 8am-5pm $3 Bldg A 931-0423

SF Vegetarian Society Basic concepts of dietary principles by Dr. Alan Goldhamer. Learn how to maximize energy & obtain optimum health with a vegetarian diet. 3:30-5:30pm $3 Bldg C 775-6874

Astro-Soul: Vision Seeing w/the minds eye, emotional detachment & clairvoyance. 10am-1pm $10 Bldg C 540-5200

Poetry Film Festival Award Winners Rescreening of the December 1989 award winners, including Irit Bastry's *Leaving the Old Ruin*, Beat documentary *A Gang Of Souls* & four videopoems. 7:30pm $2 FMC "Friends" 25% off w/mbrs card, National Poetry Assoc. Bldg D 776-6602 ●

Jacques & His Master see 3/1 ●
Avner The Eccentric see 3/1 ●
The Adventures Of Pinocchio see 3/3
Alcoholics Anonymous see 3/4
Tales Of Urban Menace see 3/9 ●

12 MONDAY

PC Clone Users Group Information sharing & education for PC clone computer users. 7-9pm $2 Bldg E 861-9321

13 TUESDAY

Earplay A contemporary music ensemble devoted to the performance of new American chamber music. Tonight's concert features the works of Scott Lindroth, Daniel Weymouth, Hugh Hartwell, Richard Festinger, Andrew Frank & John Gibson. 8pm $10-$8 FMC "Friends" $1 off at the door w/mbrs card, Cowell Theater, Pier 2, 540-1088 ●

The Decorated Body: Sight Specific Susan Cummins will moderate an illustrated discussion w/accessory designers K. Lee Manuel & Christina Smith. Presented by SF Craft & Folk Art Museum. 7pm $6 Bldg A 775-0990

14 WEDNESDAY

Waltl Plays Waltl: Composition For Piano & Synthesizer New composition techniques & forms of instrumentation by Herbert Waltl, composer-in-residence at SF State University. Presented by the Center For Modern Greek Studies. 8-10pm $12-$6 FMC "Friends" $1 off at the door w/mbrs card, Cowell Theater, Pier 2, 552-3656 ●

Jacques & His Master see 3/1 ●
Avner The Eccentric see 3/1 ●
Steam Tug Hercules see 3/3
Adult Children Of Alcoholics see 3/7

15 THURSDAY

Bay Area Italians: The Individual As Institution A lecture by Lawrence DiStasi, the well-known author of *Mal Occhio*. The author will also sign copies of his latest book, *Dream Street*. 8pm $4 Museo ItaloAmericano Bldg C 673-2200

Jacques & His Master see 3/1 ●
Avner The Eccentric see 3/1 ●

16 FRIDAY

Jacques & His Master see 3/1 ●
Avner The Eccentric see 3/1 ●
Round Robin Readings see 3/2
Playwrights' Center see 3/2

17 SATURDAY

SS Jeremiah O'Brien Open Ship Weekend The 441-foot WWII cargo ship revs up its giant steam engine. Souvenirs available from the Slop Chest Store. 3/17&18 Sat&Sun 11am-4pm $3-$1 ($6 fmlys) Pier 3 Dock 441-3101

Psychic Reading Fair Psychic Horizons is conducting a reading fair for anyone who wants a psychic reading or healing. Now is your chance! 1-3pm FREE Bldg E 346-7906

Jacques & His Master see 3/1 ●
Avner The Eccentric see 3/1 ●
Steam Tug Hercules see 3/3
West Coast Weekend see 3/3
The Adventures Of Pinocchio see 3/3

18 SUNDAY

Patrick The Bard Annual readout of Irish poetry w/Irish music, hosted by Patrick Flynn. 7:30-10pm $2 FMC "Friends" 25% off w/mbrs card, National Poetry Assoc. Bldg D 776-6602 ●

Plowshares Coffeehouse Golden Bough, a true Gypsy band, performs music from around the world on guitar, mendola, fiddle, Celtic harp, & accordian. 7:30pm $8 Firehouse 441-8910

Jacques & His Master see 3/1 ●
Avner The Eccentric see 3/1 ●
The Adventures Of Pinocchio see 3/3
Alcoholics Anonymous see 3/4
SS Jeremiah O'Brien see 3/17

20 TUESDAY

Macintosh Computer Users Group SF Apple Core, a club for Apple users dedicated to education & recreation. 7-9pm FREE Bldg E 771-5830

Issues In Photography Slides & lecture. Presented by The American Society of Magazine Photographers. 7-10pm $20-$15 Bldg A 863-8395

21 WEDNESDAY

Agape American & Japanese cultures clash on stage! A cooperative revelation featuring Japanese movement artist Hitomi Ikuma & American opera tenor John Duykers. 3/21-4/1 Wed-Sun 8:30pm $13-$9 FMC "Friends" $1 off w/mbrs card, Life On The Water Bldg B 776-8999 ●

Springfest A once-a-year new play extravaganza featuring exciting & innovative new comedies & dramas by American playwrights: *Dottie & The Boys* by Lynne Kaufman, *Play Yourself* by Harry Kondoleon & *House Of Yes* by Wendy McCloud. Call for schedule. 3/21-4/15 Wed-Sat 8:30pm, Sun 2&7pm $19-$11 FMC "Friends" $1 off w/mbrs card, Magic Theatre Bldg D 441-8822 ●

Jacques & His Master see 3/1 ●
Steam Tug Hercules see 3/3
Adult Children Of Alcoholics see 3/7

22 THURSDAY

Praise Song: 100 Years Of American Indian Painting Full color slide show & lecture celebrating the dignity & beauty of the work of Native American artists; includes paintings from 1875 to the present. 7:30pm $6 Bldg A 848-1114

Jacques & His Master see 3/1 ●
Agape see 3/21 ●
Springfest see 3/21 ●

23 FRIDAY

Bay Area Book Reviewers' 9th Annual Awards Gala awards for the best fiction, poetry, nonfiction & children's titles in 1989 & presentation of Cody Memorial Award to Alice Walker. Reception will follow. 7:30pm $10 Cowell Theater, Pier 2, 601-6922

Jacques & His Master see 3/1 ●
Round Robin Readings see 3/2
Playwrights' Center see 3/2
Agape see 3/21 ●
Springfest see 3/21 ●

24 SATURDAY

Carnival Dance Celebrate the groundhog's release w/the SF Sierra Club! Dancing, refreshments, carnival games, a "casino" & more. 7:30pm $10 Bldg A 896-0670

Jacques & His Master see 3/1 ●
Steam Tug Hercules see 3/3
West Coast Weekend see 3/3
The Adventures Of Pinocchio see 3/3
Fort Mason Tour see 3/10
Copyright Clinics see 3/10
Agape see 3/21 ●
Springfest see 3/21 ●

25 SUNDAY

Polish Poetry Adam Lizakowski hosts a reading of Polish poetry since Solidarity. Cosponsored by *Razem*, a Polish-American literary magazine. 7:30-10pm $2 FMC "Friends" 25% off w/mbrs card, National Poetry Assoc. Bldg D 776-6602 ●

Avedis Alexandra Hawley leads a music series devoted to the performance of chamber music for the flute. The program features the Palo Alto Chamber Orchestra, William Whitson, conductor. 2-4pm $11 (available from PASS, 552-3656) FMC "Friends" $1 off at the door w/mbrs card, Cowell Theater, Pier 2, 365-1935 ●

Jacques & His Master see 3/1 ●
The Adventures Of Pinocchio see 3/3
Alcoholics Anonymous see 3/4
Agape see 3/21 ●
Springfest see 3/21 ●

26 MONDAY

Bay Area Clipper Special-Interest Group A users group for computer programmers using Nantucket's Clipper language. 7-9:30pm $5 Bldg C 864-4904

28 WEDNESDAY

An Evening With The Peace Corps Slide program narrated by returned Peace Corps volunteers on their experience of living & working overseas. 7-9pm FREE Bldg C 974-8754

Steam Tug Hercules see 3/3
Adult Children Of Alcoholics see 3/7
Agape see 3/21 ●
Springfest see 3/21 ●

29 THURSDAY

National Women's Political Caucus Achievement Awards honoring outstanding achievement in medicine. Buffet, wine, beer & entertainment included. 6:30pm $100-$35 FMC "Friends" $25 Bldg A 922-2827 ●

Agape see 3/21 ●
Springfest see 3/21 ●

30 FRIDAY

Round Robin Reading see 3/2
Playwrights' Center see 3/2
Agape see 3/21 ●
Springfest see 3/21 ●

31 SATURDAY

Friends For Life Workout With The Stars Join top local & national television, screen, stage, & recording stars in a national three-hour workout to raise funds for AIDS research. Participants solicit sponsors for a contribution to The City Of Hope. 9am-1pm Herbst Pavilion, Pier 2, 391-6448

Wine Tasting & Food Extravaganza Sample wines from over 15 wineries & enjoy gourmet treats. Sponsored by Police Association District Of Columbia/US Park Police. 1-4pm $20 Bldg A 556-5801

Living The Healing Life Draw upon healing principles from Edgar Cayce readings & other sources to foster physical, mental, spiritual, psychic & financial health. 9am-5pm $35 Firehouse 641-9815

Scarlatti's Verve A program of dazzling sonatas performed by Elaine Thornburgh on the harpsichord. 8pm $10 Museo ItaloAmericano Bldg C 673-2200

Steam Tug Hercules see 3/3
West Coast Weekend see 3/3
Agape see 3/21 ●
Springfest see 3/21 ●

GALLERIES

Emergence: Roxanne Swentzell The first West Coast exhibition of the work of this premier Southwestern sculptor. Exhibition includes "The Emergence Of The Clowns," reflecting the story of creation. 3/9-27 Wed-Sun Noon-4pm FREE adm Gatehouse 848-1114

SF Museum Of Modern Art Rental Gallery Paintings by Kim Thoman, drawings by Robin Dintiman & assemblage by Gregg Miller. 3/6-30 Tue-Sat 11:30am-5pm (reception 3/6, 5:30-7:30pm) FREE adm Bldg A 441-4777

Perception Gallery "Beyond The Shocking." The work of Faye Turner, an interplay of luminosity & opacity w/paint. 3/3-31 Mon-Sat 9am-5pm (reception 3/6, 5:30-7:30pm) FREE adm Fort Mason Office Lobby Bldg A 441-5706

SF African American Historical & Cultural Society "African Americans In Science & Technology Past & Present." 1/20-3/31 Wed-Sun Noon-5pm FREE adm Bldg C 441-0640

Coffee Gallery Features Fort Mason Art Center student work: "Prints & Ceramics." 2/26-4/6 Mon, Fri&Sat 9am-3pm, Tue-Thur 9am-8pm FREE adm Bldg B 776-8247

Bayfront Gallery "SF Boys & Girls Club." Art work from Boys & Girls Clubs of the Pacific region. 3/4-31, open before & during Cowell Theater events, FREE adm Bayfront Gallery, Pier 2. For schedule, call 441-5706

Museo ItaloAmericano Wed-Sun Noon-5pm FREE adm Bldg C 673-2200
Wooden Sculpture By Gualverio Michelangeli A menagerie of wooden animals, chimera & lifesize horses, by the artisans of the Bottega Michelangeli in Orvieto, Italy. 12/1/89-3/18/90
Italians In San Francisco: 1862 to 1945 Photography exhibit courtesy of Festa Italiana & the Fisherman's Wharf Tenants Assoc. 2/2-4/8

SF Craft & Folk Art Museum Tue-Sun 11am-5pm, $1 adm (Sat 10am-Noon FREE adm) Bldg A 775-0990
The Painter As Sculptor & Collector: John & Monica Haley An exhibition of African art in conjunction with the first presentation of John Haley's own bronze & wood sculptures. 1/6-3/4
Beyond Words: The Book As Metaphor For Art The written word as an experimental art form featuring one-of-a-kind works by over fifty artists. 3/10-4/29
Tramp Art Chip-carved objects from the late 19th & early 20th centuries. From the Ames Gallery of American Folk Art & Bay Area collections. 3/10-4/29

Mexican Museum Wed-Sun Noon-5pm, $3/$2 Srs (1st Wed of each month: Noon-8pm, FREE adm) Bldg D 441-0404
The Art Of Francisco Zuniga Watercolors, prints & sculptures by this internationally known contemporary artist. 11/22/89-3/4/90
The Myth & Fancy Of Medrano Folk ceramics by Calendario Medrano Lopez, creations ranging from fantastic animals to elaborate sculptures of kiosks, churches & folk dance dramas. 1/31-6/17
The Art Of Robert Gonzales A retrospective exhibition of this important Bay Area abstract expressionist painter. 3/14-6/17

CLASSES AND WORKSHOPS

VISUAL ARTS & MEDIA

National Poetry Association offers Word Magic & The Power Of Language, Video Production Workshop, & Basic Film classes. FMC "Friends" 25% off each class w/mbrs card. Pre-reg. req. Bldg D 776-6602 ●

Hands-On Video Production Hands-on training from an independent producer who has produced videos for numerous Bay Area nonprofit organizations. 3/29 Thur 1-5pm $55 Bldg C 524-2336

Traditional Icon Painting An ongoing studio workshop on the practice of making icons in the Byzantine tradition. Includes panel preparation, gold leaf & egg tempera. For experienced artists & beginners. 3/3-31 Sat 10am-5pm $35/class Bldgs C&E 663-9126

Fort Mason Art Center, a division of the SF Community College District, offers ongoing classes in painting, drawing, sculpture, textiles, printmaking, photography, basketry, jewelry, stained glass & ceramics. Also offered are workshops in pastels, children's art classes & "Business For The Visual Artist." Bldg B. For information, call 561-1840
Intermediate Handmade Paper 3/29-5/3 Thur 6-9:30pm $105

Western Public Radio offers classes: Basic Radio Production, Basic Voice Techniques, Voicing Commercials, Advanced Production Techniques & On-Air Board Operations. Bldg D. For more information, call 771-1160
The One Minute Producer 3/9-11 Fri 7-10pm Sat&Sun 9am-6pm $100

Media Alliance offers classes, workshops & panels. Bldg D 441-2559
Breaking Into Print 3/1 Thur 7-9pm $30
Intro To Writing For Radio 3/19-4/2 Mon 6:30-8:30pm $55
Copyediting Workshop 3/20-4/24 Tue 6-9pm $130
Setting Up Interviews 3/24 Sat 11am-4pm $45
Newswriting Clinic 3/29&4/5 Thur 6:30-9:30pm $50
Professional Proofreading 3/31 Sat 9:30am-4:30pm $77

CHILDREN'S CLASSES

SF Children's Art Center offers Instruction in painting, drawing, printmaking & sculpture. Individual attention to each child's development, ages 2-12. $195/15 wks Bldg C 771-0292

MARTIAL ARTS

ICI Tai Chi Chuan w/Sifu Fong Ha. Complete classical forms w/emphasis on meditative aspects. 3/1-29 Tue&Thur 7:30-9:30pm $50-$35/mo Bldg C 524-4718

Master Cheuk Fung The focus of this class is to teach the true spirit of Chinese martial arts w/Buddhist Chi Gung for health, understanding & personal growth. 3/1-29 Tue&Thur 7:30-9:30pm $60/mo Bldg C 658-4621

Northern Shaolin Kung Fu Classical weapons & handforms for exercise & self-defense. 3/2-30 Fri 6:30-8:30pm $25/mo Bldg C 753-1269

Shi Hau White Crane Kung Fu Academy Study of the Tibetan White Crane Kung Fu System, featuring tournament, traditional & forms training. 3/4-25 Sun 1-3pm $50/mo Bldg C 647-5365

Chen's Tai Chi Assoc. Of The USA Sifu Gene Chen teaches the original Tai Chi Chuan complete system. 3/1-29 Tue&Thur 7:30-9:30pm $45/mo Bldg C 661-3786

Chinese Martial Arts w/Jack Man Wong. Tai Chi Chuan & Northern Shaolin for robust health, high spirits, rational thinking & self-defense. 3/4-28 Sun 10am-Noon, Wed 5:30-7:30pm $40/mo Bldg C 261-7105

Shing Yi Chuan Learn to master your mind & body as you develop strength, flexibility & control. 3/3-31 Sat 10-11am, 3/24&25 Sat&Sun 10am-12:30pm $50/mo Bldg C 921-4808

The Art Of Tai Chi - Praying Mantis Rational training in weapons, internal exercises, hand forms, capturing techniques & open discussion on martial arts principles. 3/5-26 Mon 8-10pm $40/mo Bldg C 797-2203

Martial Arts Traditional Kung Fu & Tai Chi w/Tao & Zen philosophy, for self-defense, health, fitness & peace of mind. Taught by Master H.L. Schauer. 3/1-26 Mon 10:30-11:30am Tue&Thur 6-7:30pm, Sat Noon-1pm $50-$40/mo Bldg C 589-6621

ENVIRONMENT

Ocean Alliance offers classes & lectures. Bldg E 441-5970

Whale Watch Boat Excursions Thousands of gray whales migrate along our coast. Join an Oceanic Society Expeditions Whale Watch & learn the secrets of the whales from the experts. Feb-April, Fri-Sun $42-$28 Marina Green 474-3385

Environmental Traveling Companions sponsors outdoor activities. All proceeds make wilderness adventures accessible to the physically disabled & disadvantaged. Bldg C 474-7662

PERFORMING ARTS

Sue Walden Presents Workshops in Spontaneity & Improvisation. Bldgs C&E 885-5678
Spontaneity Techniques Sample Workshop 3/19 Mon 7-10pm $15
Spontaneity Techniques I 3/26-5/8 Mon 7-10pm $135/6 wks
Spontaneity Techniques II 3/21-5/16 Wed 7-10pm $150/8 wks
Improvising Scenes I 3/21-5/16 Wed 7-10pm $150/8 wks
Improvising Scenes II 3/19-5/14 Mon 7-10pm $150/8 wks
Letting Go 3/29-5/24 Thur 7-10pm $150/8 wks
Singles Play Night 3/23 Fri 7-11pm $15

EDUCATION

The Many Faces Of Addiction Workshop focusing on compulsiveness & dysfunctional families, & the positive results of nutrition, counseling & group support. 15 CE credits when requested. 3/15&16 Thur&Fri 8am-5pm $42 Bldg A 668-5111

Beyond Addiction Part 2 Workshop designed to identify core issues behind addiction. Basic need & recovery, second stage recovery. Pre-reg. req. CADCEP-CAADAC 15 credits. 3/22&23 Thur&Fri 8am-5pm $42.50 Bldg A 668-5111

Partnership In Action Explore partnership as a model for action using movement & expressive arts. 3/6-27 Tue 6-7:30pm $80/mo Bldg C 441-1734

Rosen Method Touch For Professionals For bodyworkers, massage therapists, psychotherapists & other health professionals. Learn techniques to bring aliveness to your work. 3/24&25 Sat&Sun 10am-5pm $100 Bldg C 527-2356

Tonic Herbs For Women Learn to use Chinese herbs to strengthen & balance women's health. Tonics for energy, blood, skin etc. 3/7&14 Wed 7:30-9:30pm $30 Bldg C 654-3243

Introduction To The Ideas Of Gurdjieff A weekly meeting to discuss the practical application of Gurdjieff's ideas in daily life. 3/5-26 Mon 8-10pm FREE Gatehouse (707) 823-8616

Scale Modeling Exhchange of techniques & skills in scale miniature ship, aircraft & vehicle modeling. 3/22 Thur 7-10pm Gatehouse 449-5612

Metaphysics Lecture Weekly talks on the divine pattern of the Mosaic Tabernacle. 3/7-28 Wed&Fri 8-10pm FREE Bldg C 839-7226

Ancient Philosophy & Psychology Informal weekly talks & discussions on the Cabala, Tarot, Buddhism & Hinduism. 3/1-29 Thur 8-10pm FREE Bldg C 388-7529

Executive Broker Qualification Series University Programs offers real estate broker qualifying courses featuring author/lecturer Minnie Lush. 3/14 Wed 8am-5pm $70 Bldg A (800) 821-8756

Fund-raising School "Maximizing Fund-raising Results Through Leadership." Aspects of leadership as they relate to nonprofit management & fund-raising. 3/20-23 Tue 6-11pm, Wed-Fri 8am-5pm $395 457-3520

Passport To Executive Suite For women breaking through the top! Power, image, leadership & communication skills. A workshop by Herron & Associates, internationally recognized consultants on the development of women in business. 3/17&18 Sat 9am-9pm, Sun 9am-5pm $125 pre-reg. req. Bldg C 474-2254

Self-Defense Seminar Beginning students will learn basic survival skills & advanced students will receive the training to reach higher levels of skill. 3/3-17 Sat 8am-Noon $50 Bldg C 752-1154

Tear Gas Certification/Personal Protection Workshop Prevention is your best defense! Tear gas certification w/psychological & back-up physical defense skills. Tear gas available in class. 3/10 Sat 1-4pm $35 Bldg C 564-9140

Security Training Institute This 2-hour class certifies to legally purchase & carry Mace protection for life. 3/5 Mon 6-8pm $40 (includes Mace cannister) Bldg E 334-1151

Comedy Traffic School Traffic classes taught in a humorous manner, plus informative videos & excellent instructors. 3/10,17&31 Sat 8am-4pm $24/class Bldgs C&E 668-2291

Traffic Safety Taught With Humor A wonderfully wild & wacky way of removing violation points off your DMV record. Taught by professional entertainers. 3/3-27 Mon-Wed 6-10pm, Sat 9am-5pm $26/class Bldg C 777-9339

Traffic Safety Seminar A DMV-approved seminar designed to remove a moving violation with court approval. 3/17 Sat 8am-4pm, 3/21 Wed 8am-5pm $22 Bldg C (800) 648-8886

California Lawyers For The Arts Workshops led by CLA panel attorneys. $15 Bldg B 775-7200
Film Distribution 3/14 Wed 7-8:30pm $15
Trademarks, Copyrights & Patents 3/28 Wed 7-8:30pm $15

Computer Alliance In addition to classes & workshops below, the Mac lab is open Mon-Fri 1-5pm, $12-$6 hour Bldg D 771-1671
Basic Mac 3/5 Mon 6:30-9:30pm; 3/10 Sat, 3/13 or 3/22 Thur, 3/27 Tue 9:30am-12:30pm $50
Intermediate Mac 3/12 Mon, 3/22 Thur or 3/27 Tue 6:30-9:30pm, 3/17 Sat 9:30am-12:30pm $50
Intro to Hypercard 3/13 Thur 6-9pm $56
Hypercard II 3/20 Tue 6-9pm $56
Microsoft Word I 3/1 Thur or 3/28 Wed 6-10pm; 3/7 or 3/21 Wed, 3/15 Thur 9am-1pm $75
Microsoft Word II 3/14 Wed or 3/24 Sat 9am-1pm $75
PageMaker I 3/8 Thur 9am-1pm or 3/21 Wed 6-10pm $75
PageMaker II 3/22 Thur 9am-1pm $75
Intro To Graphics 3/8 Thur 6-10pm $75
Producing Your Newsletter On The Mac 3/7 Wed 6-10pm $75
Intro To Adobe Illustrator 88 3/14 Wed 6-10pm $75
EXCEL For The Macintosh 3/29 Thur 6-10pm $75

HEALTH & RECREATION

Irish Country Dance Lessons For Adults Larry Lynch teaches Ceili (round, long & couples) & sets (square dances). No partners necessary. 3/7-28 Wed 7:30-9:30pm $20/mo Bldg C 863-6424

Greek Dance Enjoy Bay Area Greek festivals, learn the fundamentals of popular Greek folk dances w/Anna Efstathiou. 3/5-26 Mon 7-10pm $6/class Bldg C 339-8357

Low Impact Exercise Gentle but challenging, a stretch & conditioning program for people over 40. Seniors especially welcome. 3/5-29 Mon, Wed, Fri 9:30-10:30am, Tue&Thur 10-11am $5-$3 Bldg C 435-9784

Awareness Through Movement/Feldenkrais Method Reduce tension & stiffness w/gentle movement lessons designed to improve coordination, strength, flexibility & breathing. 3/6-27 Tue Noon-1pm $7/class Bldg C 333-6644

Sensory Awareness Exploration of our relation to the environment & our own organismic functioning. 2/21-5/9 Wed 10am-Noon or 6-8pm $250/12 wks Bldg C 388-3219

Fundamentals Movement Group Move with power & grace for psychological health & enhanced creativity. 3/6-27 Tue 5-6pm $65/mo Bldg C 441-1734

Swing, Jitterbug & Cajun Dance Traditional & contemporary Jitterbug, Cajun Swing Jig, Waltz & Zydeco Two-Step. Bldg C 528-0644
Beginning 3/7-28 Wed 7-8pm $42/7 wks
Intermediate 3/7-28 Wed 8-9pm $42/7 wks

Hatha Yoga $8/class Bldg C 567-3517
Beginning Reduce stress & increase level of fitness. Learn postures appropriate for you. 3/3-27 Mon 7:30-9pm, Tue 6-7:30pm, Sat 3-4:30pm
Beginning/Intermediate 3/1-31 Thur 6-7:30pm, Sat 9:30-11am
Intermediate/Advanced Teaches the finer points of Hatha Yoga & more advanced postures. 3/5-28 Mon 6-7:30pm, Wed 6-8pm
Meditation/Energization Practice meditation techniques to help you improve your concentration & clear your mind for stress reduction & personal development. 3/7-28 Wed 8-8:30pm $5/class